



London to Amsterdam Ride 2015



Join *Beyond the Bike* on their warm up ride, cycling c.450km from London to Amsterdam. Stuart and Claire will be cycling at least 10,000km through Southern Africa and Asia raising money for *Beyond Ourselves* in Zambia and *United World Schools* in Asia. (Visit www.beyondthebike.org for more details about Stuart, Claire and their challenge). They will be partnered with *Fairphone*, a company that creates a mobile phone that puts social values first. They will start their adventure by cycling to the *Fairphone* offices in Amsterdam. They will then fly to Uganda to start their big adventure.

You are invited to join them for one, two or all four days of this ride in September 2015

Provisional Itinerary:

Sat 5th September: Cycle from London to Dover– Ferry to Dunkirk (c.110km)

Sun 6th: Cycle from Dunkirk to Brussels (Eurostar back for those leaving) (c.150km)

Mon 7th: Cycle from Brussels to Rotterdam (c.135km)

Tuesday 8th: Cycle to the Fairphone Offices – end of ride party in Amsterdam (c.65km)

The warm up ride will be supported by *Beyond Ourselves* who will provide/organise:

- Support Vehicles (carrying small extra bags for those cycling more than one day)
- Ferry crossing
- Basic meals and water
- Basic accommodation

Expected cost of the above will be c. £50 per day + ferry + accommodation

Riders need to organise themselves:

- Travel to the starting point
- Travel home from whichever point they leave the ride (advice on timings tbc)
- Cycling clothes (kit list will be provided), day bag/panniers/ruc sac and any personal kit
- Their own bikes
- Insurance
- Minimum fundraising pledge of £200 per person per day (plus Gift Aid, to be raised in advance of travel).

Timeline:

May 2015: Register interest with Claire at bike@beyondourselves.co.uk by May 25th

June 2015: An informal information meeting/drinks will take place in London on Thursday 25th June

July 2015: Deposits of £100 to be paid by July 3rd by those doing more than the first day.

Start spreading the word about *Beyond the Bike* and your personal challenge. Details on the group fundraising to follow.

August 2015: Final payments by 5th August.

Minimum fundraising targets met by 5th August.

September 5th 2016: Join *Beyond the Bike*!

